



September Eat Fresh

Monday

Chef Salad

Popcorn Chicken
Salad

Club Sandwich

Cajun Chicken
Wrap

Buffalo Chick
Wrap

Yogurt/
Blueberries

Tuesday

Oriental Chicken
Salad

Spicy Popcorn
Chicken Salad

Chicken Salad
Sandwich (croissant)

Fajita Chicken
Wrap

Italian Wrap

Yogurt &
Strawberries

Wednesday

Mandarin Orange
Chicken Salad

Popcorn Chicken
Salad

Turkey & Bacon
Sandwich

Chicken Bacon
Ranch Wrap

Club Wrap

Thursday

COB Salad

Spicy Popcorn
Chicken Salad

Craisin Turkey
Salad Sandwich

Turkey Bacon
Wrap

Apple, Cranberry
Chicken Wrap

Friday

Chef Salad

Popcorn Chicken
Salad

Tuna Salad
Sandwich (croissant)

Ham & Turkey
Wrap

Buffalo Chicken
Wrap