



August 2019

Indian Wells Pre-K Breakfast / Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Juice served Every Breakfast Milk served at every meal	2 No School	3 Oatmeal Blueberries Pulled Pork Sand Cole Slaw Strawberries	4 SEC Croissant Hashbrown Apple Sauce Chicken Alfredo Mixed Veggies Watermelon, Roll	5 Toasted English Muffin, Orange <u>Smiles</u> , Salisbury Steak Mshd Pot Gravy, Oranges, Zucchi- ni, Dinner roll	6 No School	7
8	9 Omelet, SausLink Hashbrown, Watermelon FB Pizza Salad	10 Oatmeal Strawberries BBQ Pork Sand Baked beans Apple slices	11 HEC Muffin Pears Spaghetti, Green Beans, Pears, Roll	12 Bagel Smoothie Watermelon Chicken Nug- getsMsh Pot Gra- vy, Roll, Mix Veg	13 No School	14
15	16 French Toast Pineapple 16" Pizza Oven Fries Pineapple	17 Scrambled Eggs, Biscuit, Hash Strawberry Pulled Pork Sand Potato Salad Strawberry	18 BEC Croissant Hashbrown Canta- loupe Lasagna, Stick, Zucchini Cantaloupe	19 Cheerios Apple slice Meatloaf msh pot Grvy butternut, Apple sauce	20 No School	21
22	23 Pancake Strawberry Pizza, Steak Fries, Strawber- ries / Kiwi	24 Cream Of Wheat Blueberries Turkey Sandwich Tater Tots Tropical Blend	25 BEC Biscuit Hashbrown Pears Chic Tetrazzini Broccoli, Stick	26 Bagel Smoothie Pineapple Chicken Breast Msh{Pot/Grvy Roll, Broccoli	27 No School	28
29	30 Breakfast Pizza Oranges Pizza Tater tots Oranges		Food Services 928.524.6144 Ext 7013 wmclaws1@ holbrook.k12.az.us	ALL meal will be served with 1% or Fat Free regular Milk. Flavored Milk is not allowed	Governing Board Meeting Septem- ber 11th at the district office 6pm	31 Peanutbutter/ Jelly sandwich Available every- day.

This institution is an equal opportunity provider